SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

COURSE TITLE: Professional Growth I

CODE NO. : PNG117   **SEMESTER:** 1

PROGRAM: Practical Nursing

AUTHOR: Northern Partners in Practical Nursing Education/
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DATE: Sept/12   **PREVIOUS OUTLINE DATED:** Sept/11

APPROVED: "Marilyn King"   Aug/12

CHAIR, HEALTH PROGRAMS	**DATE**

TOTAL CREDITS: 3

PREREQUISITE(S): None

HOURS/WEEK: 3

I. COURSE DESCRIPTION:

This course will examine personal learning styles, the concepts of teaching and learning, and their importance in the practice of nursing. The use of information technology will be applied to reading and understanding research reports. The concepts of caring, standards of practice, and reflective practice will be introduced. The learner will have the opportunity to explore the evolution of nursing, nursing theories, and the philosophy of nursing.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Utilize knowledge of personal learning styles and reflective journaling to demonstrate self-awareness and enhance success.

   Potential Elements of the Performance:
   - Examine learning theories
   - Discover personal learning style
   - Identify ways to enhance personal learning style
   - List activities that will enhance learning style
   - Define reflection
   - Describe the purpose of reflective journals
   - Explore reflective writing and creating reflective journals
   - Examine John's Model as a tool to use for guided reflection and journaling

2. Examine the history and evolution of the practice of nursing.
   Potential Elements of the Performance:
   - Participate in activities which outline the historical development of nursing from ancient times to the present
   - Describe the role of religion in the development of the practice of nursing
   - Describe the contributions of selected nurses to nursing and society
   - Explore, from a historical perspective, the contribution of the nursing profession to society
   - Explore the evolution of professional nursing organizations

3. Describe a variety of nursing theories/theorists.
   Potential Elements of the Performance:
   - Examine the development of theory in nursing.
   - Describe the nature of knowledge development
   - Compare the theoretical approach of selected nurse theorists
   - Differentiate between the terms concept, conceptual framework, conceptual model, construct, proposition, theory, and hypothesis
   - Describe the relationship between nursing process and nursing theory

4. Describe the concept of a profession and the role of Standards of Practice in the regulation of Nursing as a profession.
   Potential Elements of the Performance:
   - Describe the attributes and characteristics of a profession
   - Describe nursing as a profession
   - Define ethical framework
   - Describe ethical behaviour in nursing based on professional organization guidelines
   - Explain the mandate of the College of Nurses of Ontario
   - Describe the Standards of Practice, including how they influence nursing practice

5. Describe the importance of nursing research and the research expectations of practical nurses.
   Potential Elements of the Performance:
   - Define research
   - Explain how research is used
   - Explain how nursing research influences practice
   - Describe how the practical nurse participates in research
   - Explain the importance of practical nurse participation in research
   - Identify key findings in non-complex research articles
   - Use research to inform practice (ie Best Practice Guidelines)

6. Describe the concepts of teaching and learning.
   Potential Elements of the Performance:
   - Define teaching and learning
   - Describe the similarities and differences between teaching and learning.
   - Explain the domains of learning
   - Describe the assessment of learning needs, planning of teaching and evaluation of learning
   - Describe teaching/learning strategies
   - Discuss the elements of a teaching plan

7. Demonstrate understanding of the use of information technology in nursing practice, education and research.
   Potential Elements of the Performance:
   - Describe how information technology is used in nursing.
   - Discuss various issues related to the use of information technology.
   - Utilize electronic databases to locate research articles.
   - Describe computer documentation of client information and care.
   - Explain how confidentiality of client information is maintained when using computerized health information systems.
   - Communicate with and transmit information to faculty and/or classmates using e-mail or electronic messaging systems such as LMS

8. Explore the role of the nurse and the professional organizations in the practice of nursing.
    Potential Elements of the Performance:
    - Participate in activities to discover the role of the professional caring nurse
    - Name the professional organizations, which support or regulate the practice of practical nurses
    - Describe the mandate and responsibilities of each of the professional organizations which support or regulate the practice of practical nurses
    - Describe how the Standards of Practice ensure competent and ethical nursing practice

9. Demonstrate knowledge of the philosophy and theoretical frameworks used in nursing practice.
    Potential Elements of the Performance:
    - Define philosophy
    - Examine own personal philosophy of nursing
    - Describe the philosophy of the practical nursing program
    - Compare personal and program philosophies
    - Define a conceptual framework
    - Describe the practical nursing program conceptual framework

III.   **TOPICS:**

1. History and Evolution of Nursing
2. Role of the Nurse
3. Concept of a Profession / Professional Organizations / Regulation / Standards
4. Information Technology / Confidentiality / Privacy
5. Personal Learning Styles / Learning Theories
6. Reflection / Journaling / Guided Reflection
7. Teaching and Learning
8. Nursing Research
9. Philosophy
10. Nursing Theory / Theorists

IV.   **REQUIRED RESOURCES/TEXTS/MATERIALS:**

College of Nurses of Ontario. *Compendium of standards of practice for nurses in Ontario.* Toronto, ON: Author. (available on-line at www.cno.org)

Kozier, B. [et al.]. (2010). *Fundamentals of Canadian nursing.* (2nd Canadian ed.). Pearson Canada

Sault College LMS

V. EVALUATION PROCESS/GRADING SYSTEM:

Test #1	30%
Test #2	20%
Information Technology Assignment	20%
Test #3	30%

1. There are no rewrites for the assignment and no supplemental tests.

2. The pass mark for this course is 60%.

NOTE: Students must complete/submit all of the components of the evaluation process to be eligible for a final grade in this course. Refer to the Student Success Guide for Assignment Procedures and Test/Examination Procedures and Protocol.

The following semester grades will be assigned to students:

Grade	Definition	Grade Point Equivalent
A+	90 – 100%	4.00
A	80 – 89%	
B	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

NOTE: *Mid Term grades are provided in theory classes and clinical/field placement experiences. Students are notified that the midterm grade is an interim grade and is subject to change.*

VI.   SPECIAL NOTES:

Attendance:
Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

LMS/Blackboard Site:
This course's LMS/Blackboard site, its features, and its contents are for the exclusive use of Practical Nursing students registered in this section of this course. The information contained herein is privileged and confidential. Any unauthorized use, dissemination, or copying is strictly prohibited.

Cell Phones:
Cell phones must be turned off during class time and on test days.

VII.   COURSE OUTLINE ADDENDUM

The provisions contained in the addendum located on the portal form part of this course outline.